

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JELLY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JELLY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE BISCUIT GRAVY BISCUIT MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JELLY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE BISCUIT GRAVY BISCUIT MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JELLY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JELLY MILK 2% BEVERAGE
NOON	ROAST BEEF/GRVY NOODLES SEAS GREEN BEANS ROLLMARG BANANA CREAM PIE BEVERAGE MILK 2%	PORK ROAST MASHED POTATOES SEAS BROCCOLI FLORETTES ROLLMARG BLONDE BROWNIE BEVERAGE MILK 2%	MEATLOAF RED BLISS POTATOES SEASONED BRUSSELS SPROUTS ROLLMARG LEMON ICE BOX PIE BEVERAGE MILK 2%	BAKED CHICKEN MACARONI & CHEESE GREEN PEAS ROLLMARG VANILLA MOUSSE BEVERAGE MILK 2%	BAKED HAM SEAS BEANS STEAMED CABBAGE CORN/BEADMARG SPICE CAKE/CING BEVERAGE MILK 2%	FRIED FISH FILLET AU GRATIN POTATOES CREAMY COLESLAW CORN MUFFIN OATMEAL RAISIN COOKIE BEVERAGE MILK 2%	SALISBURY STEAK/GRVY PARSLEY NOODLES BUTTERED CARROTS ROLLMARG PEACH COBBLER BEVERAGE MILK 2%
ATEL	HAMBURGER MASHED POTATOES SEAS GREEN BEANS	SALISBURY STEAK/GRVY BAKED POTATO/SOUR CREAM SEAS GREENS	CHICKEN TENDERS WILD RICE PILAF CALIFORNIA BLEND VEG	MEATBALL/SBROWN GRAVY PARSLEY NOODLES BUTTERED CORN	CHICKEN NOODLE SOUP BOLOGNA SANDWICH	HOT DOG MASHED POTATOES SEAS GREEN BEANS	POLISH SAUSAGE ON BUN SAURKRAUT GREEN PEAS
EVENTING	POTATO SOUP EGG SALAD/CROISSANT LETT/TOMATO SLICES LIME GELATIN/PEACHES BEVERAGE MILK 2%	TURKEY TETRAZZINI MIXED VEGETABLES GARLIC BREAD PEAR HALVES BEVERAGE MILK 2%	VEGETABLE SOUP PULLED PORK/BUN HASHBROWNS HOT SPICED APPLES BEVERAGE MILK 2%	CHEESE RAVIOLI/SAUCE ITALIAN BLEND VEG GARLIC BREAD PINEAPPLE TIDBITS/CHERRY BEVERAGE MILK 2%	BEEF STEW/POTATOES TOSSED SALAD/DRSG ROLLMARG CHERRY PEAR GELATIN BEVERAGE MILK 2%	BQ CHICKEN POTATO SALAD WINTER MIX VEGETABLES CORN/BEADMARG AMBROSIA BEVERAGE MILK 2%	CUP OF CHILI GRILLED CHEESE SANDWICH BEET & ONION SALAD CRACKERS FRESH BAKED COOKIE BEVERAGE MILK 2%
ALIGHT	CHICKEN TENDERS SEASONED POTATO WEDGES BAKED BEANS	CHEESE PIZZA TOSSED SALAD/DRSG	GRUNCHY FISH POTATO SALAD STEMED TOMATOES	HOT DOG SEASONED POTATO WEDGES BAKED BEANS	HAMBURGER TATER TOTS BAKED BEANS	TUNA SALAD SANDWICH LETT/TOMATO SLICES	CHICKEN SALAD SANDWICH TOSSED SALAD/DRSG MUFFIN

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Menus Approved By: *Sarah DeMeyer*
 Dates: 9/11/16, 10/9/16, 11/6/16, 12/4/16, 1/1/17, 1/29/17, 2/26/17, 3/26/17, 4/23/17

Notes:
 REGULAR* is the Regular diet without a salt packet (NAS).

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
M	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JUICELY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JUICELY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE BISCUIT GRAVY BISCUIT MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JUICELY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE BISCUIT GRAVY BISCUIT MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JUICELY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JUICELY MILK 2% BEVERAGE
B R E A K F A S T	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JUICELY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JUICELY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE BISCUIT GRAVY BISCUIT MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JUICELY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE BISCUIT GRAVY BISCUIT MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JUICELY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JUICELY MILK 2% BEVERAGE
O N O N	ROAST TURKEY BAKED SWEET POTATO BUTTERED BROCCOLI ROLL/MARG APPLE PIE BEVERAGE MILK 2%	COUNTRY FRIED STEAK GRAVY MASHED POTATOES WINTER BLEND VEGETABLES ROLL/MARG YELLOW CAKE/CHOC ICING BEVERAGE MILK 2%	OVEN FRIED CHICKEN BAKED POTATO CASSEROLE SEASONED PEAS BISCUIT COCONUT CREAM PIE BEVERAGE MILK 2%	SEASONED BEANS/HAM SKILLET FRIED POTATOES SEAS GREENS CORN/BREAD/MARG CARAMEL SWIRL PUDDING BEVERAGE MILK 2%	MEATBALLS/TOMATO SAUCE SPAGHETTI ZUCCHINI GARLIC BREAD FRUITED GELATIN/TOPPING BEVERAGE MILK 2%	CRUNCHY FISH TARTAR SAUCE POTATO SALAD WINTER MIX VEGETABLES ROLL/MARG BAKED APPLE BEVERAGE MILK 2%	PORK CHOP GRAVY MASHED POTATOES SEAS GREEN BEANS ROLL/MARG BANANA PUDDING BEVERAGE MILK 2%
A L T	HAMBURGER FRENCH FRIES BAKED BEANS	PORK CHOP PARSLEY BOWTIE PASTA STEMED TOMATOES	HOT DOG ONION RINGS STEAMED CABBAGE	HAMBURGER STEAK WILD RICE PILAF BUTTERED CORN	BAKED CHICKEN BUTTERED NEW POTATOES BUTTERED BEETS	POLISH SAUSAGE ON BUN FRENCH FRIES COLESLAW	FRIED FISH FILLET O'BRIEN POTATOES BUTTERED SPINACH
E V E N I N G	VEGETABLE SOUP TRIO MEAT SLID PLATE CRACKERS CHOCOLATE CAKE/FROSTING BEVERAGE MILK 2%	BBQ PORK RIB BAKED BEANS COLESLAW ROLL/MARG EMERALD PEARS BEVERAGE MILK 2%	BEEF MAC CASSEROLE SEAS GREEN BEANS ROLL/MARG CHEESECAKE BEVERAGE MILK 2%	CHICKEN TENDERS ROSEMARY POTATOES TOSSED SALAD/DRSG ROLL/MARG WINTER FRUIT CUP BEVERAGE MILK 2%	BEAN & BACON SOUP HAM SANDWICH LETT/TOMATO SLICES CRACKERS PEACHES/TOPPING BEVERAGE MILK 2%	SWISS CHICKEN CASSEROLE CAPRI BLEND VEG ROLL/MARG BROWNE BEVERAGE MILK 2%	SLOPPY JOE TATER TOTS CARROT RAISIN SALAD SEASONAL FRESH FRUIT BEVERAGE MILK 2%
A L T	CHEESE PIZZA TOSSED SALAD/DRSG	HAMBURGER MACARONI SALAD SLICED TOMATO SALAD	TURKEY SALAD SANDWICH SEASONED POTATO WEDGES	HOT DOG MASHED POTATOES CALIFORNIA BLEND VEG	EGG SALAD SANDWICH MARINATED GREEN BEANS	CHICKEN TENDERS SEASONED POTATO WEDGES BAKED BEANS	TUNA SALAD SANDWICH TOSSED SALAD/DRSG

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Notes:
REGULAR* is the Regular diet without a salt packet (NAS).



Menus Approved By: *[Signature]*
Dates: 9/18/16, 10/16/16, 11/13/16, 12/11/16, 1/8/17, 2/5/17, 3/5/17, 4/21/17, 4/30/17

M	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JELLY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JELLY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE BISCUIT GRAVY BISCUIT MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JELLY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE BISCUIT GRAVY BISCUIT MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JELLY MILK 2% BEVERAGE	JUICE HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE TOAST/JELLY MILK 2% BEVERAGE
N O O N	POT ROAST/GRVY ROASTED NEW POTATOES BUTTERED SPINACH ROLLMARG CHOCOLATE CREAM PIE BEVERAGE MILK 2%	OVEN FRIED CHICKEN MASHED POTATOES MIXED VEGETABLES CORNBREAD/MARG PEACH PIE BEVERAGE MILK 2%	PORK ROAST SEAS LIMA BEANS BUTTERED CARROTS ROLLMARG YELLOW CAKE/CARAMEL ICING BEVERAGE MILK 2%	MEATLOAF/KETCHUP SAUCE AU GRATIN POTATOES SPINACH/AU THEED ONIONS BREAD/MARG APPLE CRUMB PIE BEVERAGE MILK 2%	BBQ CHICKEN BAKED BEANS CALICO SLAW BREAD STICK RED VELVET CAKE BEVERAGE MILK 2%	FRIED CATFISH TARTAR SAUCE MACARONI & CHEESE SEASONED PEAS ROLLMARG LIME CRUNCH BAR BEVERAGE MILK 2%	HAMBURGER FRENCH FRIES LETT, TOM, PICK, ONION FRUIT COBBLER BEVERAGE MILK 2%
A L L T	BAKED CHICKEN PARSLEY BOWTIE PASTA BUTTERED BROCCOLI	HAMBURGER MASHED POTATOES SEAS GREEN BEANS	POLISH SAUSAGE ON BUN FRENCH FRIES GREEN PEAS	BAKED FISH FILLET PARSLEY NOODLES BUTTERED BEETS	PORK CHOP MASHED POTATOES SEAS GREEN BEANS	CHICKEN FILLET TATER TOTS CAPRI BLEND VEG	HOT DOG POTATO CHIPS BAKED BEANS
E V E N I N G	BAKED ZITI SEAS GREEN BEANS BREAD STICK PEACH FLUFF BEVERAGE MILK 2%	BAKED POTATO SOUP/BACON TUNA SALAD SANDWICH LETT/TOMATO SLICES PINEAPPLE BANANA FLUFF BEVERAGE MILK 2%	CHICKEN/DUMPLINGS SEAS GREEN BEANS BISCUIT WHITE CAKE/CHOC ICING BEVERAGE MILK 2%	TOMATO SOUP GRILLED HAM & CHEESE SAND ONION RINGS FRESH BAKED COOKIE BEVERAGE MILK 2%	SPAGHETTI/MEATSAUCE BUTTERED CORN ROLLMARG BLUSHING PEARS BEVERAGE MILK 2%	VEGETABLE SOUP TURKEY SWISS SANDWICH NEW POTATO SALAD AMBROSIA BEVERAGE MILK 2%	POTATO SOUP GRILLED CHICKEN SAND POTATO CHIPS YELLOW CREAM CAKE BEVERAGE MILK 2%
A L L T	BEEF TACO/SAUCE SHREDDED LETTUCE DICED TOMATOES	CHEF SALAD GARLIC BREAD SALAD DRSG	CHEESE PIZZA TOSSED SALAD/DRSG	CHICKEN SALAD SANDWICH SEASONED POTATO WEDGES	HAMBURGER TATER TOTS BAKED BEANS	EGG SALAD SANDWICH	GRILLED CHICKEN SAND MARINATED VEG SALAD

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Menus Approved By: *[Signature]*
 Dates: 9/25/16, 10/23/16, 11/20/16, 12/18/16, 1/15/17, 2/12/17, 3/12/17, 4/9/17, 5/7/17

Notes:
 REGULAR* is the Regular diet without a salt packet (NAS).

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
M	JUICE	JUICE	JUICE	JUICE	JUICE	JUICE	JUICE
B	HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE	HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE	HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE	HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE	HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE	HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE	HOT OR COLD CEREAL SCRAMBLED EGG BACON OR SAUSAGE
R	TOAST/JELLY	TOAST/JELLY	BISCUIT GRAVY	TOAST/JELLY	BISCUIT GRAVY	TOAST/JELLY	TOAST/JELLY
E	MILK 2% BEVERAGE	MILK 2% BEVERAGE	MILK 2% BEVERAGE	MILK 2% BEVERAGE	MILK 2% BEVERAGE	MILK 2% BEVERAGE	MILK 2% BEVERAGE
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N	FRIED CHICKEN AU GRATIN POTATOES SEAS GREEN BEANS GARLIC BREAD BOSTON CREAM PIE BEVERAGE MILK 2%	BEEF PEPPER STEAK/GRVY STEAMED RICE HARVARD BEETS ROLLMARG APPLE COBBLER BEVERAGE MILK 2%	BAKED HAM OBRIEN POTATOES SAUERKRAUT CORNBREAD/MARG PEACH PIE BEVERAGE MILK 2%	LASAGNA TOSSED SALAD/DRSSG GARLIC BREAD CHOCOLATE CAKE/FROSTING BEVERAGE MILK 2%	LEMON HERB CHICKEN SCALLOPED POTATOES SEAS BRUSSELS SPROUTS ROLLMARG BUTTERMILK PIE BEVERAGE MILK 2% SALAD DRSSG	POTATO CRUSTED FISH TARTAR SAUCE ONION RINGS COLESLAW ROLLMARG PUDDING BEVERAGE MILK 2%	CHICKEN TENDERS POTATO WEDGES GARDEN BLEND VEGS BREAD STICK PEACH COBBLER BEVERAGE MILK 2%
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A	HAMBURGER MASHED POTATOES SEAS GREEN BEANS	PORK CHOP/GRVY STUFFING GREEN PEAS	MEATBALLS/BROWN GRAVY FRIED RICE SEAS GREEN BEANS	CHEF SALAD BREAD STICKS SALAD DRESSING	POLISH SAUSAGE ON BUN MASHED POTATOES SEAS GREEN BEANS	GLAZED PORK ROAST MACARONI & CHEESE CAPRI BLEND VEG	COUNTRY FRIED STEAK BISCUIT GRAVY MASHED POTATOES SEAS ZUCCHINI
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E	CRM OF BROCCOLI SOUP HAM & CHEESE SANDWICH THREE BEAN SALAD CRACKERS SEASONAL FRESH FRUIT BEVERAGE MILK 2%	CHICKEN LIVERS/ONIONS MASHED POTATOES SEAS GREENS CORNBREAD/MARG BANANA PUDDING BEVERAGE MILK 2%	CUP OF CHILI PIMENTO CHEESE SANDWICH TOMATO/ONION SALAD LEMON BARS BEVERAGE MILK 2%	PORK CHOP MASHED POTATOES GREEN PEAS CORNBREAD/MARG ORANGE/PINEAPPLE GELATIN BEVERAGE MILK 2%	SPAGHETTI/MEATS SAUCE FRESH CORN ON THE COB ROLLMARG WINTER FRUIT CUP BEVERAGE MILK 2%	MINESTRONE SOUP TURKEY SALAD SANDWICH PEA SALAD ICED BROWNIE BEVERAGE MILK 2%	HAMBURGER FRENCH FRIES LETT, TOM, PICK, ONION FRESH BAKED COOKIE BEVERAGE MILK 2% KETCHUP/MAYO/MUSTARD
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A	TURKEY SANDWICH	TUNA SALAD FRUIT PLATE	EGG SALAD SANDWICH	GRILLED CHICKEN SAND TATER TOTS	FRESH FRUIT/COTTAGE CHEESE MUFFIN	BEEF TACO/SAUCE	FRIED FISH FILLET BAKED POTATO/SOUR CREAM STEWED TOMATOES
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Notes:
REGULAR* is the Regular diet without a salt packet (NAS).



Menus Approved By: *[Signature]*
Dates: 10/27/16, 10/30/16, 11/27/16, 12/20/16, 1/22/17, 2/19/17, 3/19/17, 4/16/17